







# An update from the National Audit of Breast Cancer in Older Patients (NABCOP)

Midlands and East Surgery Study Day, 01 July 2021

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 Patient aged 73 at diagnosis with breast cancer, interviewed just after diagnosis – planned lumpectomy, tamoxifen and radiotherapy

"Well here I am at nearly 74. Much wiser after the event as usual....I'm relieved now that I've got to the stage where I know exactly what is happening. I know that this is only the first stage...But I'm quite confident that everything that can be done will be done for me, and that is really reassuring."

Patient aged 49 at diagnosis with breast cancer, underwent mastectomy, interviewed at 67

"think it's difficult for people nowadays if they're asked which sort of treatment they like because it's quite a responsibility....I think it's often people feel they'd rather just be told what the surgeon would like to do. Apparently nowadays that is the choice, well it is in our breast clinics - that they can have a choice of just whether they want the whole breast off, whether they want a lumpectomy, or whether they'd like to leave it to the surgeon to think what he'd like best. And I'm sure I would leave it to the surgeon for what he thought was best if I had choices like that.."









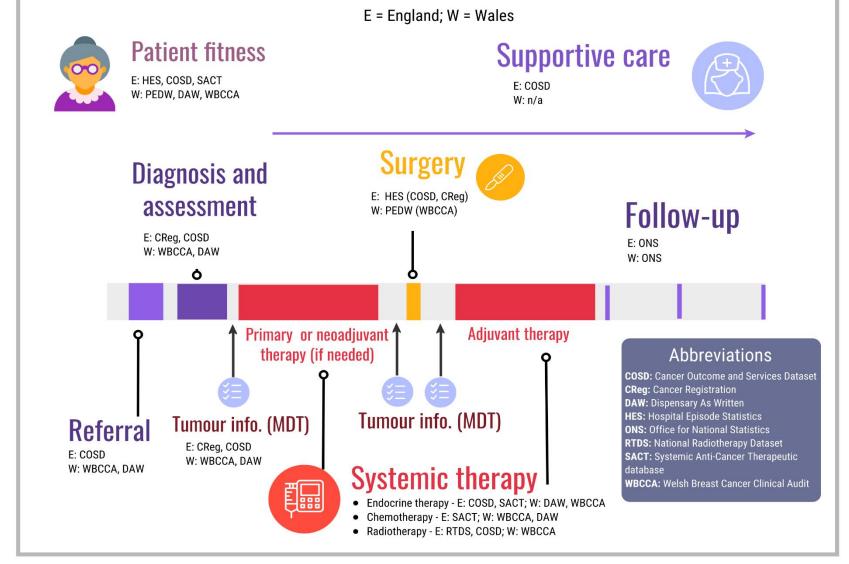


## What is the NABCOP?

- HQIP commissioned national clinical audit
  - Collaboration between ABS and RCS Clinical Effectiveness Unit
  - Started in April 2016
- Audit the standard of care received by women with breast cancer aged 70+ in England and Wales
  - Compare with care received by younger women aged 50-69 years
- Use existing routine data sources from national datasets provided by NCRAS (England) and CaNISC (Wales)

## DATA SOURCES -





Further information: <a href="https://www.nabcop.org.uk/resources/nabcop-data-flow/">https://www.nabcop.org.uk/resources/nabcop-data-flow/</a>

https://www.nabcop.org.uk/resources/nabcop-combined-data-specification





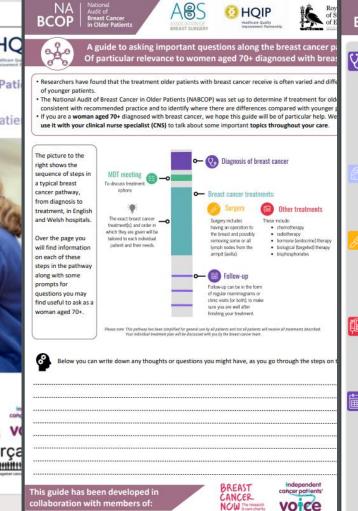






## Publications from Year 4 work https://www.nabcop.org.uk/publications-home/









Diagnosis of breast cancer

When your breast cancer was diagnosed, you will have had a breast examination, imaging of your breasts, and a tissue sample or 'biopsy' taken.

The results from these investigations will be reviewed in a multidisciplinary team (MDT) meeting where specialists will discuss what treatments are available to treat your specific breast cancer.

The items below should be recorded about your breast cancer. The NARCOP found these are less likely to be recorded in older women Ask your breast cancer team if these have been recorded for you:

Has my cancer spread e.g. to the armpit nodes?

• What size is my breast cancer, according to my test results?

√ Estrogen/progesterone receptor status

Ouestions to ask vour breast care team

- ✓ HER2 status (if you have invasive breast cancer)
- ✓ Nodal stage (spread to armpit lymph nodes)

mastertomy?

Supporting you through treatment (& · How will treatment affect my day to day activities?

Your breast care team are there to help and support you through your diagnosis and treatment. The questions to the right may help you to work through any concerns you may have before or during treatment.

 Are there any clinical trials which I could consider? What support is available for me if I am a carer for others?

Who can I talk to for help with my mental health?

. Is there any financial support available for me?

 This will involve an operation to the breast and possibly to the axilla (armpit). The NABCOP has found that fewer older women have surgery for breast cancer compared with vounger women, and so it is important to ask your breast surgeon whether you are a candidate for surgical treatment. If surgery is not an option, you may be offered hormonal (endocrine) therapy as an alternative.

Adjuvant therapies are additional treatments

you may be offered for breast cancer. Some might be offered before your surgery and are

discuss with your breast cancer team if this is

called 'neoadiuvant therapy'. You should

Your breast unit will organise appropriate

appointments, telephone consultations or an

open access service. The type of follow-up appointments and how often they are organised will depend on your hospital and

Women aged 71 and over can still ask for breast screening after the 5 years of annual

follow-up mammograms - if this applies to

\*Note - due to the COVID-19 pandemic, self-referral for breast screening for

women aged 71+ is not available at the time of publication (September 2020)

Please consult your GP if you have concerns about unusual breast changes

you, ask your breast unit or GP for more

follow-up for you. This may be clinic

what treatment(s) you received.

(Neo) Adjuvant therapy

an option for you.

Follow-up

information\*

Questions to ask your breast surgeon:

Is breast reconstruction an option for me? How does recovery from this surgery compare to joint

How can I prepare myself physically & mentally for surgery?

What are the pros & cons of having a lumpectomy over a

replacement surgery? What can I do to help myself recover from surgery?

What are the risks of needing another operation?

#### stions to ask your breast oncologist

Am I a candidate for chemotherapy, radiotherapy or any

Will the treatment be in the form of tablets, injections or ...

Questions to ask your breast care team:

How often will you see me to check I'm ok?

Where can I find support on adapting to life after breast

#### Find out more

. If you would like to know more about the NABCOP or for links to general information about breast cancer, please visit our FAQs page:

https://www.nabcop.org.uk/about/fag/public/

· For copies of our Public and Patient reports please visit https://www.nabcop.org.uk/reports/





### NABCOP 2020 AR:

- Patient experience from CPES
- Diagnosis & supportive care
- Results presented by disease group for primary & adjuvant treatment
- Key recommendations for NHS orgs & stakeholders



#### Annual Report 2020

The aim of the NABCOP is to evaluate process of care and outcomes for women, aged 70 years and over, diagnosed with breast cancer in England and Wales.

#### 185,648

women aged 50+ years diagnosed with breast cancer across England and Wales in 2014-2018.

What is the breakdown by age for women diagnosed with breast cancer between 2014-2018?

aged 50-69

aged 70+

How did women in England rate their overall care according to the Cancer Patient Experience Survey?



rated their overall care as 7 or higher on a scale of zero (very poor) to 10 (very good).

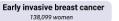


68% of women were estimated to have received triple diagnostic assessment in a single visit, with no difference by age at diagnosis.



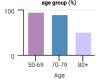
96% of women had reported contact with a clinical nurse specialist, with minimal difference by age group.

#### Treatment allocation by type of breast cancer across England and Wales



aged 50-69 years aged 70+ years

The overall rate of surgery by



The percentage of women aged 70+ who had breast surgery varied by NHS organisation.

Women aged 70+ with ER negative breast cancer were more likely to receive surgery compared with women with ER positive breast cancer

Among women who had breast conserving surgery

91% of women aged **50–69** received radiotherapy

83% of women aged 70+ received radiotherapy



Among women who had mastectomy for high risk early invasive breast cancer:

68% of women aged 50-69 received radiotherapy

60% of women aged 70+ received radiotherapy

Use of chemotherapy was lower for older women and for women with ER positive breast cancer.



#### Ductal carcinoma in situ



aged 70+ years



There was greater variation across NHS organisations in surgery rates for women aged 70+ compared with women aged 50-69.



of women aged 50-69 received

Rates of radiotherapy after surgery varied across NHS organisations for women of all ages.

\*after breast conserving surgery

#### Metastatic breast cancer

aged 50-69 years



Older women were more likely to present with metastatic breast cancer: 3% of women aged 50-69; 7% of women aged 70-79;

8% of women aged 80+



Fewer older women received chemotherapy compared with younger women Rates of chemotherapy use varied across NHS organisations for women of all ages

Breast conserving surgery (BCS): ar operation to remove a discrete lump or abnormal area of tissue from the breas without removing all breast tissue

Chemotherapy: a drug therapy used to treat cancer, given either before or after

ER positive/negative: breast cance cells can have receptors to estrogen on their surface. Breast cancers which have these receptors are called ER positive.

Mastectomy; an operation for breast

Radiotherapy: high-energy x-ray beams to kill cancer cells.

Source: NABCOP 2020 Annual Report

https://www.nabcop.org.uk/reports/nabcop-2020-annual-report/











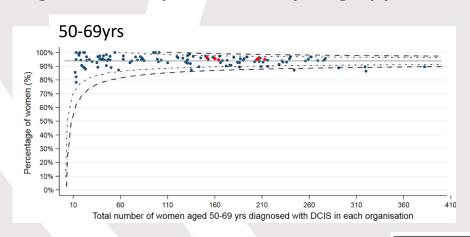
### **Ductal Carcinoma In Situ**

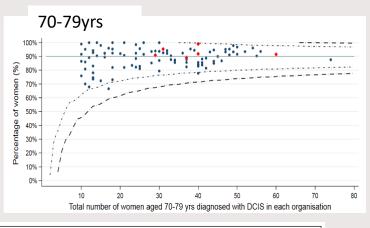
- 94% of 50-69yrs had surgery
- Compared with 90% of 70-79yrs; 60% of 80+yrs
  - This varied across NHS organisations more in the older women

#### Figure: Risk-adjusted rates of surgery for DCIS across NHS organisations, by age at diagnosis

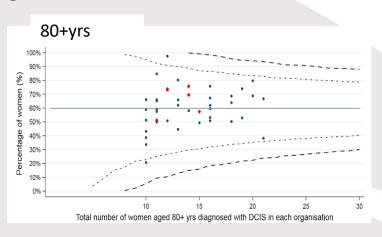
NHS trust (England)

All NABCOP NHS Organisations proportion





Local health board (Wales)



Source: NABCOP 2020 Annual Report

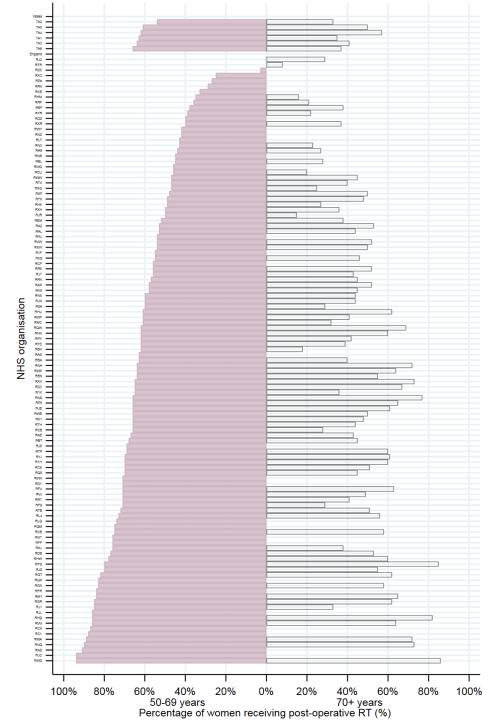




## **Ductal Carcinoma In Situ**

- Older women were less likely to receive RT
- RT following breast conserving surgery, varied across
   NHS organisations for all ages

Figure: Observed percentage of women with DCIS receiving radiotherapy after breast conserving surgery, by diagnosing NHS organisation and age at diagnosis.









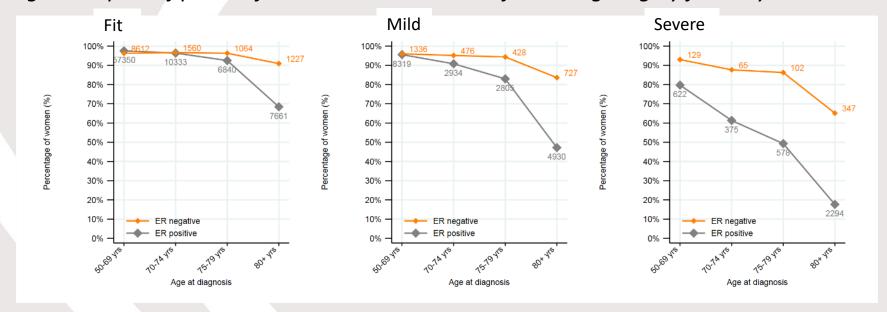




## **Early Invasive Breast Cancer**

 Older women with ER –ve BC more likely to receive surgery, compared with women with ER +ve BC

Figure: Impact of patient fitness on the likelihood of receiving surgery for early invasive breast cancer







## **Early Invasive Breast Cancer**

 Surgery for older women with ER +ve BC varied by NHS organisation

Figure: Risk-adjusted percentage (95% confidence interval) of women receiving primary surgical treatment for early invasive breast cancer, by diagnosing NHS organisation, age at diagnosis and ER status

50-74 years 75+ years **ER** positive **ER** negative **ER** positive **ER** negative

Source: NABCOP 2020 Annual Report

https://www.nabcop.org.uk/reports/nabcop-2020-annual-report/











### NABCOP 2020 recommendations - treatment



Consider adopting a more prescriptive policy concerning the management of DCIS that covers the use of surgery & adjuvant therapies in older women, in the context of any comorbidities & frailty.



Investigate and address any shortfalls in care within NHS organisations with a comparatively low rate of surgery for women aged 70+ years with ER positive breast cancer.



Counsel women with high risk early invasive BC on the benefits & risks of adjuvant radiotherapy, based on tumour characteristics & objective assessment of patient fitness, rather than chronological age alone.











## Fitness assessment for older patients in breast clinic

- Now available as 'fillable' digital PDF
- NEW For English NHS trusts, items on fitness assessment form can be recorded as part of the updated COSD version 9 dataset
  - CancerStats2 repository available to check levels of data completeness

Download the form from the NABCOP website: <a href="https://www.nabcop.org.uk/resources/fitness-assessment-tool/">https://www.nabcop.org.uk/resources/fitness-assessment-tool/</a>

Clinical Frailty Scale* (Please circle the appropriate number)  1 Very Fit – People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are among the fittest for their age.  high risk of dying (within "6 months).	e (physical or ole and not at
1 Very Fit – People who are robust, active, energetic and motivated. These people commonly exercise cognitive). Even so, they seem stable and recognitive). Even so, they seem stable and recognitive).	e (physical or ole and not at
2 Well – People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally, e.g. seasonally.  3 Managing Well – People whose medical problems are well controlled, but are not regularly active beyond routine walking.  4 Vulnerable – While not dependent on others for daily help, often symptoms limit activities. A common complaint is being "slowed up", and/or being tired during the day.  5 Mildly Frail – These people often have more evident slowing, and need help in high order IADLs (finances, transportation, heavy housework, medications). Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework.  6 Moderately Frail – People need help with all outside activities and with keeping house. Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, that has the problems with stairs and need help with bathing and might need minimal assistance (cuing, that has the problems with stairs and need help with bathing and might need minimal assistance (cuing, the case of the problems with stairs and need help with bathing and might need minimal assistance (cuing, the case of the problems with stairs and need help with bathing and might need minimal assistance (cuing, the case of the problems with stairs and need help with bathing and might need minimal assistance (cuing, the case of the problems with stairs and need help with a thing and might need minimal assistance (cuing, the case of the problems with stairs and need help with a thing and might need minimal assistance (cuing the same of the problems with the problems	ly, they could iss.  and of life. This fe expectancy evidently frain fementia, regetting the magnetic fementia is the forewall.  Appaired, even life events well.  The events well.  The without help.











## NABCOP 2020 recommendations – assessing patient fitness



Ensure all patients aged 70 years and over, at the initial clinic visit for suspicion of breast cancer, have the following information recorded: Clinical Frailty Scale, Abbreviated Mental Test Score, indication of whether or not the patient has an established diagnosis of dementia and severe comorbidities.



Strive to submit the fitness assessment data items to NCRAS as part of COSD V9.0 submissions 9 (for English NHS Trusts).











## NABCOP 2020 recommendations – data completeness and recorded molecular marker status



Identify a clinician responsible for reviewing and feeding back, to staff within their breast units, on their data returns.



Review data uploads regularly, and ensure the following are uploaded to NCRAS:

- Tumour size
- TNM stage
- WHO performance status
- ER & HER2 status for invasive breast cancer



Review how to improve the recording of recurrence in local medical records and ensure this information is uploaded to NCRAS and Canisc.



Carry out and record full tumour characterisation, including assessment of ER and HER2 status, for all patients with invasive breast cancer for use at multidisciplinary team meetings; in line with NICE guidance.











### NHS organisation data viewer



Identify a clinician responsible for reviewing and feeding back, to staff within their breast units, on their data returns.









#### NABCOP 2020 Annual Report: NHS Organisation Data Viewer

<u>Topic</u> Report Chapter Data Quality Chapter 4.2

DQ\_Summary Data Quality (DQ) summary, by NHS Organisation, of Table 4.1

DQ Time Data Quality (DQ) over time, by NHS Organisation

Individual summaries, by NHS Organisation, of figures from Chapter 6 onwards Ind Summary Ind Summary Compare A summary that allows for comparison of two selected NHS Organisations

Chapter 6.1 Route to diagnosis

Chapter 6.2 Triple diagnostic assessment in a single visit

Chapter 6.3 Involvement of a breast clinical nurse specialist (CNS) or key worker

Chapter 7.1 Surgical treatment for DCIS

Chapter 7.2 Radiotherapy treatment for DCIS

Surgical treatment for early invasive breast cancer Chapter 8.1

Chapter 8.2 Radiotherapy treatment for early invasive breast cancer treated with surgery

Chapter 8.3 Adjuvant chemotherapy plus trastuzumab for HER2 positive early invasive breast cancer

Chapter 9 Chemotherapy for metastatic breast cancer at initial presentation

Chapter 10 Reported recurrence for all patients

Recurrence Time Rate of recurrence over time, by NHS Organisation

Version **Description and Amendment History** Date 09-Jul-20 Version published on 9 July 2020. Version published on 29 March 2021. Correction made by M Gannon to % reported in Observed 2 29-Mar-21 rates of adjuvant chemotherapy plus trastuzumab (%) (columns G&H) on "Chp8 EIBC HER2CT"

**Document Control** 

The controlled copy of this document is held by the work area it covers. Any copies of this document held outside of that area, in whatever

Click in the cell below to scroll & pick the NHS organisation you want to be highlighted in the subsequent tabs:

Click in the cell below to scroll & pick an NHS organisation you would like to compare the above organisation with in the "Ind Summary Compare" tab:

\* Click here (on CONTENTS tab) to scroll & select NHS Organisation \*

CONTENTS Data Quality DQ\_Summary DQ\_Time Ind\_Summary\_Ind\_Summary\_Compare Chp6\_Referral\_Route Chp6\_TDA Chp6\_CNS Chp7\_DCIS\_Surgery Chp7\_DCIS\_RT

Available at: https://www.nabcop.org.uk/resources/nabcop-2020-annual-report-supplementary-materials/











## **Organisation Data Viewer - The Dudley Group NHS Foundation Trust**

The figure on this tab provides a visual summary of the NHS organisation-level data completeness shown on the "Data Quality" tab of this workbook

Back to Contents



Identify a clinician responsible for reviewing and feeding back, to staff within their breast units, on their data returns.

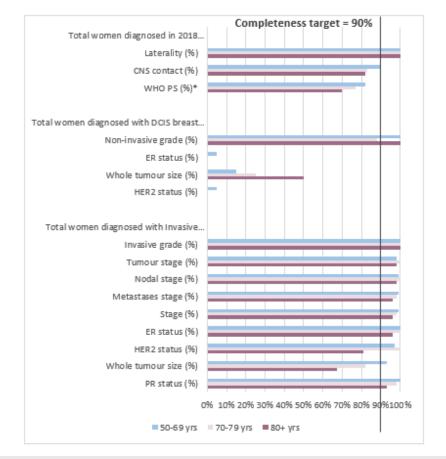
Data Quality (DQ) Summary for women aged 50+ years, diagnosed with breast cancer in 2018 at:

NHS Organisation Name

NHS Organisation Code

50-69 vrs 70-79 vrs

5		30-03 yis	70-75 yis	00 · yıs
	Total women diagnosed in 2018 (N)	154	53	56
f	Laterality (%)	100%	100%	100%
	CNS contact (%)	90%	83%	82%
	WHO PS (%)*		77%	70%
	Total women diagnosed with DCIS breast cancer in 2018 (N)	20	NP	NP
	Non-invasive grade (%)	100%	88%	100%
	ER status (%)	5%	0%	096
	Whole tumour size (%)	15%	25%	50%
	HER2 status (%)	5%	096	096
	·			
Tot	tal women diagnosed with Invasive breast cancer in 2018 (N)	134	45	54
	Invasive grade (%)	100%	100%	100%
	Tumour stage (%)	98%	100%	98%
	Nodal stage (%)	99%	100%	98%
	Metastases stage (%)	99%	98%	96%
	Stage (%)	99%	98%	96%
	ER status (%)	100%	100%	96%
	HER2 status (%)	97%	100%	81%
	Whole tumour size (%)	93%	82%	67%
	PR status (%)	100%	98%	93%



<sup>\*</sup>dated, within 2m of diagnosis & prior to treatment starting











## **CancerStats reports**



Identify a clinician responsible for reviewing and feeding back, to staff within their breast units, on their data returns.

#### The NABCOP Level 2: Data Completeness Reports

Enable users to monitor **COSD data returns** in real time, and update their data within the current calendar year.









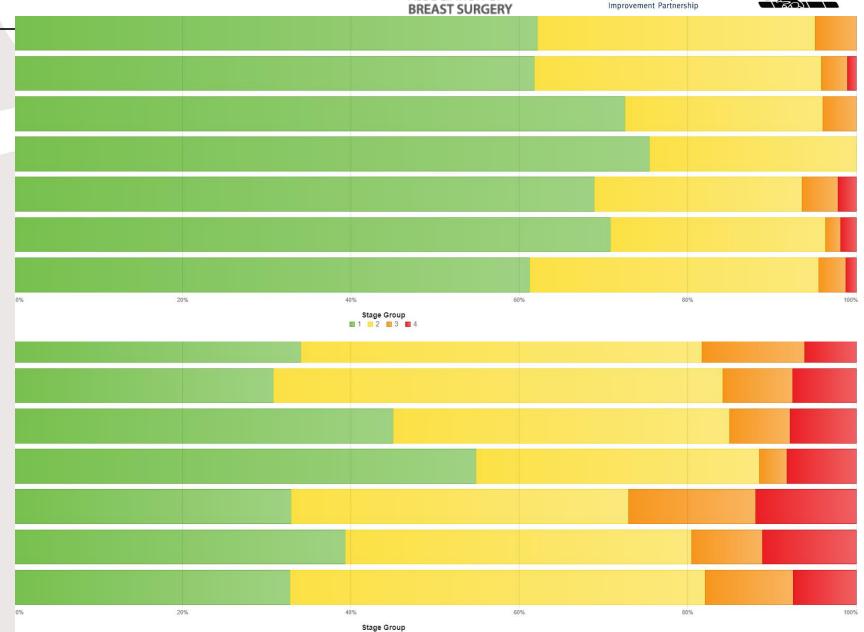




## **CancerStats reports**

- Invasive breast cancer stage as published in AR 2020
- Diagnosed in 2018
- East Midlands
   Cancer Alliance

   Trusts
- Screen-detected vs non screendetected













#### **NABCOP 2020**

### Data Completeness

Table: Availability of core data items for women diagnosed in 2018

Review data uploads regularly, and ensure the following are uploaded to NCRAS:

Tumour size

TNM stage

Rec

#### **WHO** performance status

ER & HER2 status for invasive breast cancer

Source: NABCOP 2020 Annual Report

https://www.nabcop.org.uk/reports/nabcop-2020-annual-report/

						% availability of data items				
		by country and age at diagnosis								
			All		Engla	and (n = 36,0	645)	Wa	les (n = 2,25	<u> </u>
	Total %	50-69	70–79	80+	50-69	70–79	80+	50-69	70–79	80+
Data item	available	years	years	years	years	years	years	years	years	years
All tumours					_					
Total women	38,896	22,851	9,511	6,534	21,513	8,979	6,153	1,338	532	381
Laterality	100%	100%	100%	99%	100%	100%	99%	100%	99%	99%
Clinical nurse specialist contact	72%	73%	74%	70%	74%	75%	70%	46%	56%	64%
WHO performance status <sup>a</sup>	56%	58%	57%	51%	61%	60%	54%	5%	7%	7%
Non-invasive tumours										
Total women	4,417	3,273	883	261	3,078	835	250	195	48	11
Grade	97%	97%	96%	87%	97%	96%	87%	99%	98%	100%
ER status	31%	29%	34%	45%	29%	34%	43%	31%	23%	82%
Non-invasive tumour size	12%	12%	12%	9%	8%	8%	6%	75%	77%	82%
HER2 status	7%	6%	6%	10%	6%	6%	8%	17%	13%	45%
Invasive tumours										-
Total women	34,479	19,578	8,628	6,273	18,435	8,144	5,903	1,143	484	379
Grade	100%	100%	99%	99%	100%	99%	100%	100%	99%	99%
Tumour stage	94%	96%	95%	87%	97%	95%	88%	89%	85%	61%
Nodal stage	94%	97%	95%	86%	96%	95%	85%	100%	100%	100%
Metastasis stage <sup>b</sup>	93%	95%	95%	85%	96%	95%	87%	89%	85%	61%
Overall stage	92%	94%	94%	84%	95%	95%	86%	82%	77%	55%
ER status	91%	92%	91%	86%	92%	91%	85%	97%	94%	93%
HER2 status	85%	89%	86%	74%	89%	86%	73%	94%	91%	83%
Whole tumour size	79%	83%	81%	65%	83%	82%	67%	77%	69%	35%
PR status	59%	61%	59%	56%	61%	59%	55%	60%	66%	62%

Note: Data items are ordered within sections based on total % available (highest % to lowest %).

Items are shaded according to level of data completeness according to quintiles: 0-20% 20-40%, 40-60%, 50-80%, 80-100%

<sup>&</sup>lt;sup>a</sup> WHO performance status reported within two months of diagnosis and prior to primary treatment starting.

<sup>&</sup>lt;sup>b</sup> A recording of 'MX' within the data received is interpreted as intentionally unmeasured and not counted as missing.











## WHO Performance Status data completeness (COSD completeness 2019\_2020)



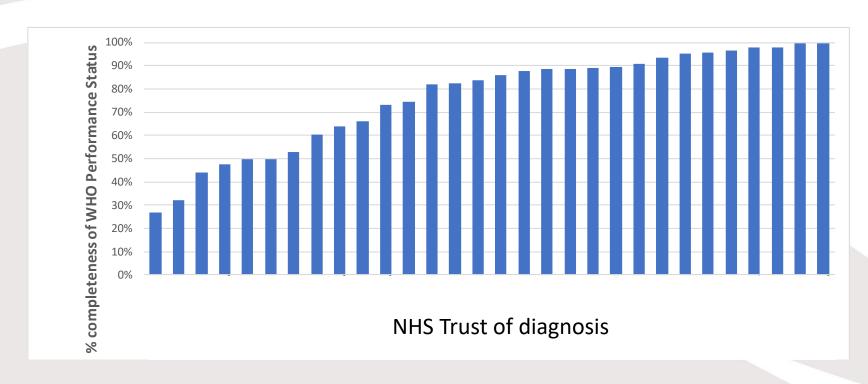
Review data uploads regularly, and ensure the following are uploaded to NCRAS:

Tumour size

TNM stage

#### **WHO performance status**

ER & HER2 status for invasive breast cancer













## % Full Stage at MDT by NHS Trust in 2020 (COSD submission)

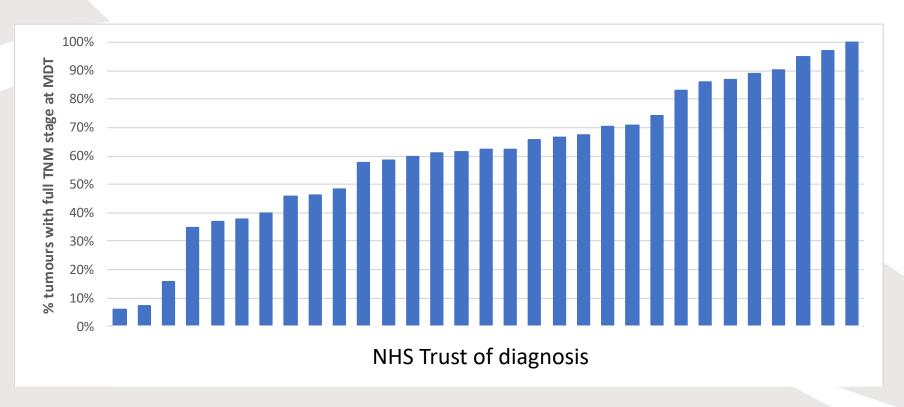


Review data uploads regularly, and ensure the following are uploaded to NCRAS:

Tumour size

#### **TNM** stage

WHO performance status ER & HER2 status for invasive breast cancer









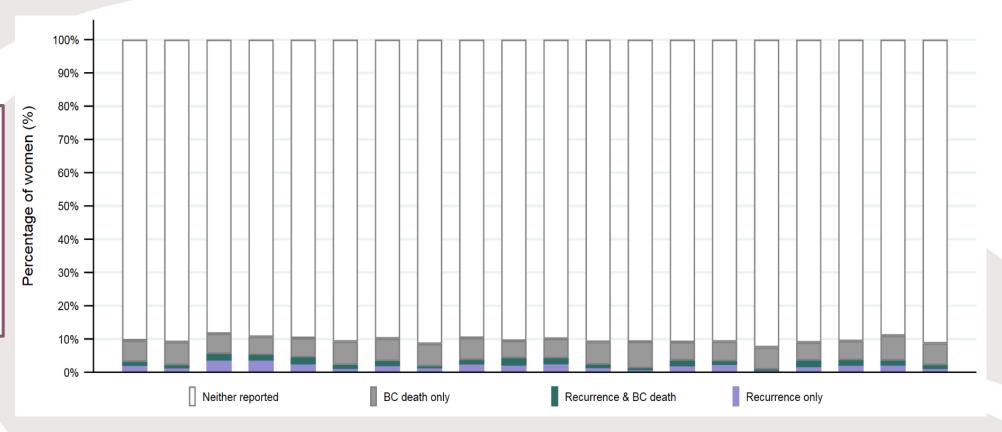




## Focus on better reporting of recurrence



Review how to improve the recording of recurrence in local medical records and ensure this information is uploaded to NCRAS and Canisc.



**Figure**: Recorded rates of any recurrence by geographical region at diagnosis, for all patients diagnosed from 2014–2018.

Source: NABCOP 2020 Annual Report











## NABCOP 2020 recommendations – diagnosis & supportive care



Ensure women receive all components of the triple diagnostic assessment (TDA) at their initial clinic visit for suspected breast cancer.

• Submit data on TDA in a single visit to NCRAS as part of COSD v9



Ensure that women are assigned a named breast clinical nurse specialist (CNS) to provide information & support; submit data on this assignment to NCRAS.



Ensure patients have sufficient information about their care & treatment(s) and are engaged in a shared-decision making process by asking patients for feedback at regular intervals.





## Triple diagnostic assessment in a single visit



Ensure women receive all components of the triple diagnostic assessment (TDA) at their initial clinic visit for suspected breast cancer. Submit data on TDA in a single visit to NCRAS as part of COSD v9

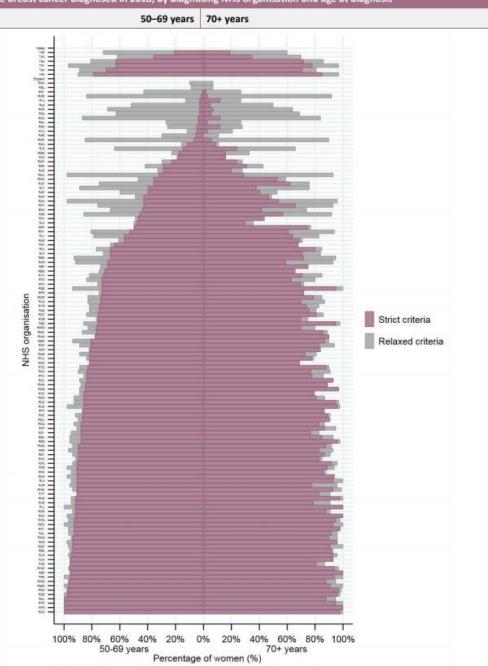
## New in COSD V9 – Triple Diagnostic Assessment in a single visit

Data item No.	Data Item Section	Data Item Name	Description	National code definition	Data Dictionary Element
BR4400		TRIPLE DIAGNOSTIC ASSESSMENT	following initial referral?	Yes	BREAST TRIPLE DIAGNOSTIC
BK4400				No	ASSESSMENT INDICATOR
				Not Known	

Source: NABCOP 2020 Annual Report

https://www.nabcop.org.uk/reports/nabcop-2020-annual-report/

Figure 6.5. Receipt of triple diagnostic assessment in a single visit among women with non-screen detected early invasive breast cancer diagnosed in 2018, by diagnosing NHS organisation and age at diagnosis



Note: Graph contains women diagnosed with non-screen detected early invasive cancer only









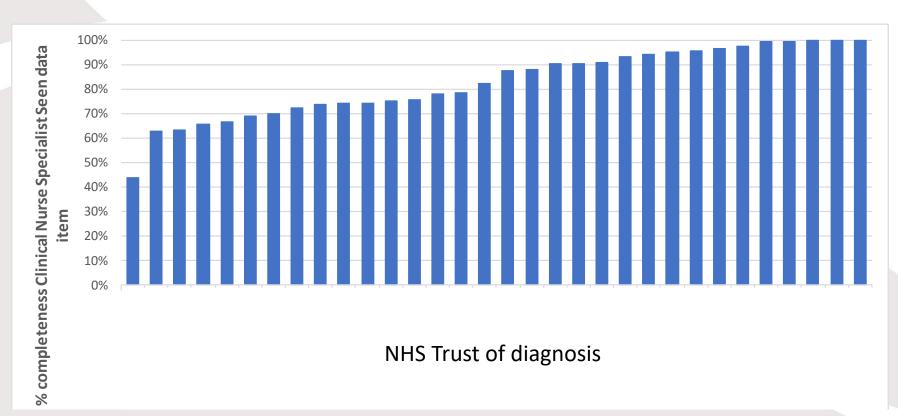




## Clinical Nurse Specialist seen by Mids and East NHS Trust (COSD completeness 2019\_2020)



Ensure that women are assigned a named breast clinical nurse specialist (CNS) to provide information & support; submit data on this assignment to NCRAS.













of Surgeons of England

## NABCOP 2020 recommendations – diagnosis & supportive care



Ensure patients have sufficient information about their care & treatment(s) and are engaged in a shared-decision making process by asking patients for feedback at regular intervals.













# 2021 ANNUAL REPORT currently under embargo

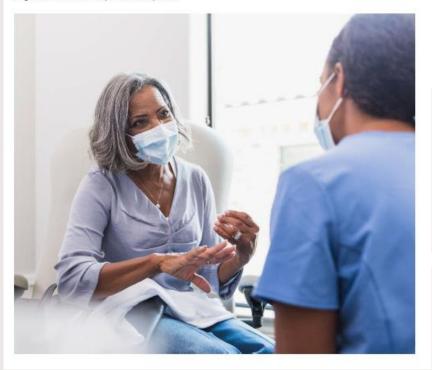
Anticipated publication date 12 August 2021

#### National Audit of Breast Cancer in Older Patients

Part of the National Clinical Audit and Patient Outcomes Programme

#### 2021 Annual Report

Results of the prospective audit in England and Wales for women diagnosed between January 2014 and July 2020













## ET prescriptions for invasive breast cancer (IBC)

#### **Cohort:**

✓ Women (50+ years) diagnosed with invasive breast cancer in England between 2014-2017

#### Data source:

✓ Primary Care Prescription Database (PCPD) – community pharmacy dispensed prescriptions for endocrine therapy in 2018

#### Aim:

- ✓ To understand the value of the PCPD in analysing endocrine therapy (ET) use amongst women with breast cancer.
- ✓ To investigate prescribing patterns of endocrine therapy treatment, by age, receipt of surgery, and level of patient fitness.





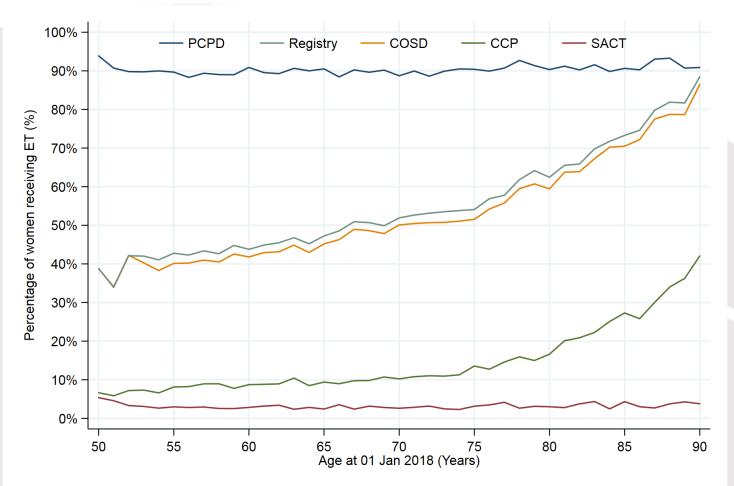






# Reported use of ET by data source and age within the PCPD, among women with ER positive IBC

90% recorded as having ET in the PCPD



Source: Poster presentation at ABS 2021 Annual Conference











## Thank you to all the Breast Units in England and Wales



This work uses data provided by patients and collected by the NHS as part of their care and support.

#datasaveslives

- www.nabcop.org.uk
- mabcop@rcseng.ac.uk

